



HEARTFULNESS ESSAY EVENT 2023

Organised by
Heartfulness Education Trust
Shri Ram Chandra Mission



TOPICS :

Category 1 (14 - 18 years) 500 words

The Earth does not belong to us; we
belong to the Earth

Category 2 (19-25 years) 750 words

Technology helps us in preserving
information. Generational connection
helps us in preserving wisdom.

Supported by **Brighter
Minds** Enriching
Young Minds



For detailed guidelines please go to:
hfn.link/essayevent

For any clarifications please write to us at :
essayevent@heartfulness.org