

**PROGRAM AGENDA FOR GLOBAL GITOPADESH SUMMIT 2024**

<b>Samatvam Yoga Ucyate – Equanimity is Yoga - Gitopadesh Summit 2024 at Heartfulness World Headquarters, Kanha Shanti Vanam, Hyderabad</b>				
<b>Ser</b>	<b>Event</b>	<b>Description/ Theme</b>	<b>Attendees</b>	<b>Mode</b>
1	<b>Common Plenary Sessions</b>	Samatvam Yoga Ucyate – Equanimity is Yoga	All	On-campus & Online (In case of live relay)
2	<b>Poster Making Competition</b>	Creative poster making Competition on Gitopadesh Themes	Children and Youth (8-21 yrs)	On-campus
3	<b>Sloka Recitation Competition</b>	Sloka Recitation on Gitopadesh Themes	Children and Youth (5-21 yrs)	On-campus
4	<b>Dance Presentation</b>	Dance Drama Presentation Competition on Gitopadesh Themes	Children and Youth (7-21 yrs)	Online/On-campus
4	<b>Gitopadesh for Youth</b>	Visva-sakshi Workshop	Youth (15-21 yrs)	On-campus
5	<b>Gitopadesh for Adults</b>	Sthitaprajna Workshop	Adults (22+ yrs)	On-campus
6	<b>Workshops</b>	Storytelling & Puppetry, Pottery/Clay modeling, Art and Craft, Brighter Minds, Organic Microgreens, Forests by Heartfulness, Heartful Communication	All	On-campus
7	<b>Heartfulness Yoga</b>	Morning Activity/Talk	All	On-campus
8	<b>Stall Events</b>	Quiz/Puzzles/Games/Food/Gifts	All	On-campus
9	<b>Theme Based Entertainment Programs</b>	Special dance performance	All	On-campus & Online (in case of live relay)
10	<b>Gitopadesh Graduation Ceremony</b>	Certificate Distribution of the Event	All	On-campus & Online (in case of live relay)