



6th to 8th December 2024

PROGRAM SCHEDULE AND GUIDELINES FOR EVENTS AT KANHA SHANTI VANAM

PROGRAM INFORMATION:

- **Arrival Time & Date:** 5th Dec Evening/6th Dec Morning before 7:00 AM
- **Departure Time & Date:** 8th Dec Evening after 4:00 pm/9th Dec Morning
- **Orientation for the participants:** 6th Dec Morning at 7:30 AM
- **Venue for the Orientation:** East Comfort Dorm

PROGRAM DESIGN:

Three-day fun filled and insightful event experiencing Bhagavad Gita in the Light of Heartfulness for children, youth and adults alike which includes

- Sloka Recitation Competition/Poster Making Competition based on select themes from Gitopadesh
- Dance Drama Competition
- Children's activities around Bhagavad Gita and Ancient Wisdom
- Workshops on Puppetry & Storytelling, Art, Brighter Minds & Forests by Heartfulness
- Heartfulness Yoga for Children & Adults
- Dance and Music Concert by Heartfulness Team
- Insightful Talks and Interactive Engagement Sessions by Distinguished Speakers
- Quiz Program & Group Discussions
- Tour of Kanha Shanti Vanam

DAY-1 (December- 06)

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Guest/ Speaker/PoC/Panel</u>
7:30 – 8:30 am	Breakfast	Main Dining Hall	N/A
08:30 am onwards	Assembling in Main Meditation Hall	Main Meditation Hall	N/A
09:00 - 11:30 am	Inaugural Session & Group Meditation/ Felicitation to the Guests	Main Meditation Hall	Rev. Daaji, Chief Guest, Guest of Honour & Special Invited Guests
11:30 – 12:00 noon	Tea/ Bio Break	Between Satellite S4 & S3	N/A
12:00 - 01:00 pm	Sloka Recitation / Group Sittings for Adults / Puppetry / Brighter Minds	Satellite S4 / S3 / N4/	Judges/Preceptors/Storytelling Team/BM Team
01:00 - 02:00 pm	Lunch	Main Dining Hall	N/A
02:00 - 03:00 pm	Wiz B/ Group Discussion / Sloka Recitation Continued / Fun & Games	Satellite S4 / S3 / N4	Panellists
03:00 - 05:00 pm	Poster Competition for Children / Talk on Gita for Adults / Special Talk on Life Management for Youth/ Brighter Minds /Flex Art 125 Activity	Satellites S4 / S3 / N4 / Main Road	Judges/Speakers/BM Team/Artists
05:00 - 05:30 pm	Tea/ Snacks	Between Satellite S4 & S3	N/A
05:30 - 07:30 pm	Cultural Activities (Dance & Drama)	Auditorium	Performing Team/Rev. Daaji & Chief Guest/Guest of Honour
07:30 - 08:30 pm	Dinner	Main Dining Hall	N/A
9:30 PM	Lights Out	East Comfort Dorm	N/A

DAY-2 (December- 07)

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Guest/ Speaker/PoC/Panel</u>
07:30 - 08:30 am	Breakfast	Main Dining Hall	N/A
08:30 - 11:30 am	Group Meditation & Talk by Guest Speaker/s	Main Meditation Hall	Guest 1
11:30 – 12:00 noon	Tea/ Snacks	Between Satellite S4 & S3	N/A
12:00 noon - 01:00 pm	Sloka Recitation / Group Sittings for Adults / Puppetry / Brighter Minds	Satellite S4 / S2 / N4	Judges/Preceptors/Storytelling Team/BM Team
01:00 - 02:00 pm	Lunch	Main Dining Hall	N/A
02:00 - 03:30 pm	Poster Competition for Children / Talk on Gita for Adults / Special Talk on Life Management for Youth/ Brighter Minds / 125 Poster Event	Satellite S4 / S2 / N4 / Main Road	Judges/Speakers/ Art Team
03:30 - 04:00 pm	Session on Forests by Heartfulness	Satellite S4 / S3 / N4	Speaker from Forests by Heartfulness
04:00 - 04:30 pm	Tea/ Snacks	Between Satellite S4 & S3	N/A
04:30 - 06:30 pm	Cultural Activities (Musical Concert/ Pics & Felicitations)	Auditorium	Performing Team/Rev. Daaji & Chief Guest/Guest of Honour
06:30 - 07:30 pm	Explore Kanha / Break	Misc	N/A
07:30 - 08:30 pm	Dinner	Main Dining Hall	N/A
9:30 PM	Lights Out	East Comfort Dorm	N/A

DAY-3 (December- 08)

<u>Time</u>	<u>Event</u>	<u>Location</u>	<u>Guest/ Speaker/PoC/Panel</u>
07:30 - 09:00 am	Group Meditation followed by Revered Daaji's closing remarks/ Felicitation to the Guests/ Presentation by THLC Students/ Launch of Gitopadesh programs	Main Meditation Hall	Chief Guest/Guest of Honour/Guest Speakers
09:00 - 09:45 am	Breakfast	Main Dining Hall	
09:45 am - 10:30 pm	Last Talk of the Event	Satellite S4 / S3 / N4	Guest of Honour/Guest Speakers
10:30 am - 11:30 pm	Valedictory Session & Guest Felicitation	Satellite S4 / S3 / N4	Guest of Honour/Guest Speakers
11:30 am - 12:30 pm	Certificate Distribution and Vote of Thanks	Satellite S4 / S3 / N4	Guest of Honour/Guest Speakers
12:30 - 02:00 pm	Lunch	Main Dining Hall	N/A
06:30 - 08:00 pm (IST)	Live Online Gitopadesh Summit for Global Participants	Online program (Live Telecast Globally)	Address by Eminent Speakers on Different aspects of life in relation with Gita